

## Volunteering in Poland 2020 - BRODNICA

*working with people at risk of social exclusion: persons with disability and youth from rural areas*

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### 1. DETAILS ABOUT THE PROJECT

- a) Project number: 2019-2-PL01-ESC11-066194
- b) Project title: **We give our time to people in need**
- c) **Supporting Organization:**  
Pomeranian Foundation of Development, Culture and Art  
(PIC: 920118818; accreditation reference: 2016-1-PL01-KA110-035109;),
- d) **Hosting Organization:**  
Brodnicke Centrum Caritas (PIC: 916141915; accreditation reference: 2016-1-PL01-KA110-035574)
- e) **Timing**  
Activity could begin any time, preferably in January 2020 but no later than 1<sup>st</sup> of June 2020.

### 2. THE VOLUNTEER'S ACTIVITY INFORMATION

The Volunteer will take part in everyday activity of the Hosting Organization, working with groups at risk of social exclusion. Brodnica is a small county town. In the provinces, access to high-quality social activities is at least hampered. The Hosting Organization perfectly fills this gap and covers not only Brodnica but also the surrounding villages. Volunteers will be invited to three types of work.

a. Work with people with disabilities who are normally under the care of the Home of Self-help. This is a place where these people, including those with mental disorders, can learn new skills, develop their passions, spend time with other people, in which they will feel safe, will be able to learn how to function in society. Volunteers will have 9 workshops at their disposal (including stained glass, tailoring, carpentry, fusing), they will work with 45 disabled people.

b. Work with young people from rural areas. The youth, which the volunteers will deal with, are taught and lived in Brodnica on a daily basis, but come from small towns. Volunteers will be encouraged to creatively organize the time for the residents of the School Dormitory with ex. thematic meetings, physical activities, extra-curricular activities, cultural activities, therapeutic sessions and many other activities that help to break passive life attitude and actively enter into adult life are organized.

Assistance to people at risk of social exclusion requires effort and determination from volunteers, but it does not remain fruitless. It shapes character in them and encourages them to ask important life questions. The stress here falls on the attitude of responsibility, the neglect of which often leads to very difficult situations. At the same time, it gives you concrete knowledge and real experience on how to work with young people and people at risk of social exclusion.

c. An additional element of the Volunteer's activity will be meetings in schools with young people. This is an important element of promoting ESC and the Erasmus + program, but also integrating volunteers with the local community. The topics of the meetings will be agreed in advance with the teacher, volunteer and students - via the Supporting Organization. It will address problems that affect and interest young people: the situation on the labor market, roads and prospects for personal and professional development, political, economic and social situation in Europe, stereotypes, migration and cultural minorities in Europe, as well as the idea of European Solidarity Corps and its benefits, differences (especially cuisine, customs and etiquette) between Poland and the countries of origin of the volunteer.

The Volunteer will also have the opportunity to meet with local NGOs who would like to establish international cooperation, but either they do not know whether it is worth, or how to do it, or they do not have partners. The meetings are aimed at establishing contact and cooperation between Polish NGOs and organizations from the country of origin of the volunteer, who can mediate in them. The Supporting organization will be the organizer of all meetings.



### 3. ORGANIZATIONAL CONDITIONS OF VOLUNTEERING ACTIVITY

- a) Place:  
country: POLAND city: BRODNICA address: ULICA GAJDY 3
- b) Duration:  
6 months (183 days + 2 days of travel)
- c) General financial rule:  
Participation in project within European Solidarity Corps is free of charge for the Volunteer.
- d) Accommodation:  
The Supporting Organization covers costs of accommodation. The Volunteers will live in two-person room in the dormitory run by the Hosting Organization.
- e) Financial transfers  
The volunteer will open an account in one of Polish banks in the first day after arrival to Poland. The Supporting Organization will give money (pocket money, costs of alimentation and returns for travel costs) via bank transfers.
- f) Mentor and the first contact person  
Mr. Witold Jankowiak (phone: +48 607 191 484; e-mail: witold.jankowiak@fundacja-torun.pl)
- g) Alimentation  
Every week of activity, from Monday to Friday, the Volunteer will be provided with food in the canteen run by the Hosting Organization (3 meals per day). The Volunteer buys food on his own during Saturdays and Sundays. The Volunteer will receive in cash a sum of 25,00 euro per every two weeks to cover food costs in these days. The Volunteer will have free access to a full equipped kitchen located in accommodation place.
- h) Pocket money  
The Volunteer will receive a sum of 56,00 euro per every two weeks (paid in advance) as part of individual support (according to ESC rules it's 4,00 euro per day; 740,00 euro per 185 days of activity including travel).
- i) Travel costs  
Tickets both ways are bought by a volunteer. Travel costs will be returned to the volunteer immediately upon arrival, after showing the tickets. Total travel costs cannot be more than 275,00 euro for both way travel.
- j) Linguistic support  
The Volunteer will take part in Polish language course during the Project.
- k) The insurance  
The insurance covering travel and 6 months of activity will be assured by the Supporting Organization (registration of the Volunteer in CIGNA). The Volunteer is supposed to get on his own before departure the European Health Insurance Card (EHIC).
- l) Details of the Volunteer's arrival in Poland would be established with the Supporting Organization before her/his departure from the Origin country. Immediately after arriving in Brodnica the Volunteer will contact with Contact person from the Hosting Organization: Mr. Michał Pezler (phone: +48 512 901 001; e-mail: caritas.brodnica14@wp.pl).
- m) 4 volunteers will take part in the Project: 2 persons in Brodnica, 2 persons will work in Toruń.

### 4. THE VOLUNTEER PROFILE

- needs to be prepared to work with disabled people (mental disability)
- patient and open to proteges' needs
- ready to contact with young people from Dormitory and encourage them to speak English
- creative, full of ideas
- trustworthy

The Volunteer would have a great opportunity to learn independence, responsibility for work and to acquire communication skills. In contact with people in need, with their limitations and barriers, they will have the opportunity to value their own attitudes.

## 5. BRODNICKIE CENTRUM CARITAS ABOUT ITSELF

Brodnickie Centrum Caritas provides complex help to the people in need. The Center started its activities in 2002 from running a school dormitory for talented but poor youth and helping children learn and development of free time. Since then, the Center has developed and expanded its own activity. He adapts his support to changing needs and directs them to young people, homeless people, people with disabilities. Over the years, the Center has specialized in working with youth coming from inefficient educational families, in becoming independent of the homeless and support and activation of disabled people. We assume that immediate help it is not a solution to the problem. We help the needy in changing their lives, returning to society, we give them faith and tools for a better tomorrow.

## 6. CONTACT INFORMATION

### a) The Supporting Organization:

name: Pomeranian Foundation of Development, Culture and Art

address: Poland, 87-100 Toruń, Fosa Staromiejska 30/3

phone: +48 56 652 11 21 e-mail: [fundacja@fundacja-torun.pl](mailto:fundacja@fundacja-torun.pl) website: [www.fundacja-torun.pl](http://www.fundacja-torun.pl)

Contact person: **Witold Jankowiak**; phone: +48 607 191 484; e-mail: [witold.jankowiak@fundacja-torun.pl](mailto:witold.jankowiak@fundacja-torun.pl)

### b) Hosting Organization:

name: Brodnickie Centrum Caritas

address: Poland, 87-300 Brodnica, ul. Gajdy 3

phone: +48 56 49 50 281, e-mail: [caritas.brodnica@diecezja.torun.pl](mailto:caritas.brodnica@diecezja.torun.pl) website: [www.caritasbrodnica.pl](http://www.caritasbrodnica.pl)

Contact person: **Michał Pezler**; phone: +48 512 901 001; e-mail: [caritas.brodnica14@wp.pl](mailto:caritas.brodnica14@wp.pl)

Participants of Home of Self-help before main entrance



Youth from Bursa



Caritas main building

